

Pie Crust (Mealy)

Scaled for Custom scale • Target dough: 148 g • Hydration: 23.3%

Ingredients

- 75 g butter (2 american sticks, 1 european)
- 67 g wheat berries, soft
- 5 g water, cold (15-30 grams ICE cold water)
- 0.3 g sea salt (a pinch)
- 1 g sugar, granulated (1 tsp)

Directions

1. Mill the flour and cool it off in the fridge or freezer.
2. Add ingredients to a mixing bowl (cold is great, but not necessary) or food processor.
3. Use a mixer paddle, pastry cutter, or food processor to mix the flour and fat together until the fat is CORNMEAL sized.
4. Slowly add 1 tbsp at a time of COLD water (ice water would be best) until the mixture comes together as you mix with the paddle, pastry cutter, or food processor. You won't need much! 1 - 2 tbsp.
5. Roll out on a floured surface, and bake as your pie directions state. You can also prepare and freeze these for quick pie wins later.

Notes

This recipe may only take 1 to 1 1/2 tbsp of water - let the dough sit in the fridge a few minutes to hydrate before moving on. The bran in the flour will suck it up - don't worry - give it a few minutes.