

Flaky Einkhorn Pie Crust

Scaled for Custom scale • Target dough: 222 g • Hydration: 23.3%

Ingredients

- 113 g butter (2 american sticks, 1 european)
- 100 g wheat berries, Einkhorn
- 7.5 g water, cold (15-30 grams ICE cold water)
- 0.5 g sea salt (a pinch)
- 1.5 g sugar, granulated (1 tsp)

Directions

1. Mill the flour and cool it off in the fridge or freezer.
2. Add ingredients to a mixing bowl (cold is great, but not necessary) or food processor.
3. Use a mixer paddle or pastry cutter if making by hand to mix the flour and fat together until it is PEA or hazelnut sized. If using a food processor, pulse until the fat is pea sized.
4. Slowly add 1 tbsp at a time of COLD water (ice water would be best) until the mixture comes together as you mix with the paddle, pastry cutter, or food processor. You won't need much! 1-2 tbsp.
5. Roll out on a floured surface, and bake as your pie directions state. You can also prepare and freeze these for quick pie wins later.

Notes

Einkhorn flour is always sticky, so you may want to do the rolling out between two sheets of parchment paper or lightly flour your board and dough.